



Brookman

PRIMARY SCHOOL

An Independent Public School



Newsletter 17: 12th October 2018

Welcome back to all our families. I hope you and your children enjoyed the break from school and have come back rested and refreshed. Mr Geers is currently on long service leave until Monday 22nd of October and Mrs Lawrence and I will both be taking on his duties while he is away.

GREAT NEWS IN STEM!

Brookman Primary School has again successfully nominated for the state-wide 2018 Governor's STEM Awards and has been selected as one of six finalists! Last year we won the Meritorious Award in School Leadership and it is exciting to have the opportunity to share our journey. Staff and students will have the opportunity to talk about our progress in Science, Engineering, Technologies and Maths with the judges next Tuesday morning. They will also tour our new science room, maker space facilities and observe classes in action.

Massed Choir

Last term I had the pleasure of attending the Massed Choir Festival at the Perth Concert Hall. It was such a privilege to hear our choir singing so beautifully. Well done to Ms Eversden for her organisation and choir leadership, and Sam for her support attending rehearsals on several occasions.

Coles 'Sports for Schools'

The Coles 'Sports for schools' Equipment has arrived. Thank you to everyone who contributed. We managed to order quite a lot of equipment which will be used for Phys. Ed. Lessons and to supplement recess and lunch kits. You will see it in rooms next week.

Interschool Carnival

Next Wednesday is the Interschool Athletics Carnival. Selected students will be walking to Langford oval to compete against other schools. We wish them well.

Camp

Unless arrangements have been made with the front office all monies for Year 6 camp were due by Friday 12th October. Thank you.

COMING EVENTS

Breakfast Club	Daily 8.00 a.m. - 8.15 a.m.
Uniform Shop	Daily: 8.00 a.m. - 8.30 a.m. 2.00 p.m. - 2.30 p.m.
Student Banking	Wednesdays 8.00 a.m.
Interschool Athletics	Wednesday 17 th October
B6 Assembly	Friday 19 th October
Aboriginal Ear Health Screening	Monday 22 nd October
EALS Testing	Thursday 25 th October
EAL/D Parent Meeting	Friday 26 th October C5 8.30am - 9.30am

Graduation

Could all Year 6 students please bring a baby photo to Mrs Rennie for the Graduation Presentation by the end of the month.

New Web Site

Brookman has redesigned the website and I hope you agree it is more up to date and looks smart. We also have regular updates on our Instagram site @brookmanps.

Congratulations!

Congratulations to Miles Davies who participated in the BMX Western Australia State Championships over the holidays. It is lovely to see children getting outside and participating in something they love. Well done Miles.



Tania Rennie Relg. Principal

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Literacy

Welcome back, I hope you all enjoyed the holidays and are ready for a busy fourth term. Last term many children received certificates and some children a book for completing 200 nights of home reading, and this term others have received a magazine/prize for their holiday reading. Well done to parents and students, I hope you enjoyed reading together! Please continue to read every night this term and hopefully we will have many more students awarded a book prize for achieving 200 nights of home reading.



Boost – Literacy Workshop for Parents

Do you want to help your child learn to read and spell? The Boost program provides the opportunity for parents of students in Kindy to Year 1 to learn about improving early literacy skill development through games and exciting activities. A two-part workshop will be held on Wednesday 7th November and Wednesday 14th November, 2018 from 9.00am to 12.00pm in the school library. If you would like to attend please look out for the Boost flyer to be send home next week and RSVP ASAP!

Tina Lawrence, Deputy Principal

Community Nurse

Bedwetting

Bedwetting, or nocturnal enuresis, is very common in children. Bedwetting has nothing to do with dreaming, and children who wet the bed are not “just being lazy”.

If your child wets the bed, there are a number of things you can do to help, such as using a waterproof mattress cover and establishing a before-bed toilet routine. It is not helpful to punish children who wet the bed. Fluids should not be restricted, even before bedtime. Sugary or caffeinated drinks should be avoided.

If your child is still wetting the bed after five and a

half years of age, seek help through a referral by your local doctor. A bedwetting alarm is an effective and safe method of treatment available for nocturnal enuresis and may be appropriate for your child.

Contact your local Community Health Nurse or Community Health Centre, **Clare Pargeter** on **6330 3123** for more information



School Phycologist News

Act-Belong-Commit and World Mental Health Day

This week, the **9th of October** marked the official day to **Act-Belong-Commit** and the **10th of October** was World Mental Health Day. While these days are dedicated to raising awareness about the importance of looking after your mental health and wellbeing, I would like to encourage everyone to Act Belong and Commit anytime throughout October and beyond.

Do something active

Stay physically, socially, spiritually and mentally active. Walk or ride to school, kick the footy with some mates, meditate or complete a crossword puzzle. Do things you enjoy and do them more often!



Do something with someone

Build a sense of belonging by keeping up friendships, staying close to family and joining in community events or school activities, such as the school photography club, a local sporting team or a walking or running group.



Do something meaningful

Make a commitment to an interest or cause that provides meaning and purpose in life, such as volunteering, or challenge yourself by participating in a fun-run.



Steph Howson, School Phycologist