



Brookman

PRIMARY SCHOOL

An Independent Public School



Newsletter 13 : 3rd August, 2018

Dear Parents / Carers,

What a wild week it has been weather wise. Nevertheless it has been very busy at our school. The Science Room has now been completed. In the coming weeks we are expecting new tables and stools and a new interactive board on the front wall. The new furniture will add to the room's flexibility as they will be 'flip' tables which can be flipped up and rolled out of the way, freeing up floor space.

Parent Surveys

I have asked teaching staff to pass out copies of Parent Surveys randomly to parents. We complete these surveys every two years to gain feedback as to how the school is seen from a parent/carer perspective. If you did NOT get a copy of the survey but would like one, please ask at the front office where spare copies are available. The more responses we get the better.

Alternatively you can access the survey online: www.schoolsurvey.edu.au/s/HnYq3zaK

We also have Year 5 and 6 students surveyed as well as Teachers and support staff. These three surveys provide us with valuable information.



All schools are required to collect information about the numbers of students that they provide adjustments to under the Disability Discrimination Act (1992) and Disability Standards of Education (2005). From 2019 this data will be used as the basis for national funding.

The NCCD involves the collection of:

- the number of students receiving adjustments to enable them to participate in education on the same basis as other students
- the level of adjustment provided to students
- the type of disability (physical, cognitive, sensory or social/emotional)

If you have any questions about the data collection, please contact the school. Further information can be found at: <http://www.education.gov.au/nationally-consistent-collection-data-school-students-disability>

COMING EVENTS

Breakfast Club
Uniform Shop

Daily 8.00 a.m. - 8.15 a.m.
Daily :

Student Banking
P & C Meeting 1.30 pm
A1 and B1 Excursion
C1 Assembly
Interschool Cross Country
Swimming Lessons
Maths ICAS Testing
EALD Parent Meeting

8.00 a.m. - 8.30 am
2.00 p.m. – 2.30 pm
Wednesdays 8.00 am
Wednesday 6th August
Wednesday 8th August
Friday 10th August
Friday 10th August
Monday 13th August
Tuesday 14th August
Friday 17th August

Outdoor Play

Even though our weather conditions have been very poor, it is important to encourage your children to play outdoors at times when the weather is fine. Outdoor play develops learning abilities and creativity, improves health benefits and social skills, children's well-being, independence and risk taking. Child's play is not just all fun and games; rather the act of play is a crucial component in the growth and development of the brain, body and intellect. Too much time watching screens can be highly detrimental to a child's development. PLEASE encourage outdoor play.

P&C Meeting

The next P&C Meeting will be held on Monday 6th August at 1.30 pm in the Staffroom. Please come along and find out more about what the P&C does. We will finish in time for parents to pick up their students after school.

As always I look forward to catching up with families in and around the school.

Hans Geers, Principal

Tania Rennie & Tina Lawrence, Deputy Principals

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School Psychologist News

DID YOU KNOW???



SLEEP is an important factor in maintaining good physical and mental health.

- The amount of good quality sleep needed for children varies between age groups:
- **3-5 years** of age need **11-13 hours** of sleep at night; some may need a day nap (approx. 1hour); from about 5 years of age, children no longer need a day nap.
- **6-9 years** of age need **10-11 hours** of sleep at night; they are usually tired after school and may look forward to **bedtime from about 7.30pm.**
- **10 years** of age need **8-10 hours** of sleep at night; some may be entering puberty at this age! **During adolescence** the body's internal body clock starts to change and by the time children become teenagers they may want to stay up later and sleep in later in the morning – it's important to work hard at maintaining a good school night sleep routine so your child is getting enough sleep to maintain the best level of alertness during the day.
- For more information please refer to raising.children.net.au – the Australian parenting website. http://raisingchildren.net.au/articles/sleep_the_hows_and_whys.html

Other Helpful Links and Resources for Parents:

- NGALA (Parenting with Confidence) – Ph. 9368 9368 <https://www.ngala.com.au/>
- Triple P (Positive Parenting Program) <https://www.triplep.net/glo-en/home/>
- Kids Helpline (Anytime. Any Reason) <https://kidshelpline.com.au/parents>

Steph Howson, Psychologist
Brookman Primary School

Mini Beasts In My City – Citizen Science Program

National Science Week runs from the 11th to the 19th of August. You can be part of it by joining the “Mini Beasts in My City” program run by the WA Museum.

It's a fun way for your family to learn about creepy-crawlies, get outside and help the Museum gather knowledge about the biodiversity in our state.

Just download the free “MyPestGuide™” Reporter app and start taking photos of all the insects and bugs you can find. The app is free and it's a good way to use the kids' love of technology to get them outside investigating.

How to use the MyPestGuide™ Reporter app
There are only a few steps to start contributing.



- **Select: Create a report.**
- **Take a photo or up load an existing photo (a macro lens is useful to get a sharp image).**
- **Turn on the GPS.**
- **Under Send Report To, scroll through and select Mini Beasts in My City.**
- **Add text to tell us more about the location.**
- **Leave your email to receive your report.**
- **Press send!**

Your report will then be reviewed by entomologists and other Mini Beast experts and a response with more information will be sent back to you.

Taneal Thompson, Science Teacher

Nut Allergies

There are several children at our school with nut allergies. Did you know that some people who are allergic to nuts only have to touch them or smell them to have a reaction? If you are supplying food for days such as cake stalls, please be mindful of identifying the ingredients. If your child has any food allergy it should be recorded at the front office. Children should also learn to ask for ingredients before eating any food. eg “Hi, I'm allergic to nuts. Are there any nuts in this?”

Tania Rennie – Deputy Principal